

## Calendar of Events

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June 10, 2025

**Training Committee**

**Online at a Computer Near You!**  
**Virtual (Zoom)**

,  
11:30 AM - 01:00 PM CST

Art Schneider,  
art@surfacesolution.biz

*\* To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.*

June 11, 2025

**Luncheon: Grease Traps, Separators & Lift Station Health**  
**Norris Conference Center**  
**2525 W. Anderson Lane**  
**Austin, TX 78759**

11:30 AM - 01:00 PM CST

*Synopsis: This presentation is designed to give building engineers a clear, practical understanding of three key plumbing systems: grease traps, sand & oil separators, and sewage ejection pumps. We will cover their function, proper sizing, code compliance, and common installation challenges. By building foundational plumbing knowledge around these systems, engineers can make more informed design decisions that prevent failures and ensure long-term system performance.*

*Presenters:*

*Kevin Alsobrooks*  
*Owner, JBS Plumbing Services*

*With 32 years of experience in commercial plumbing, Kevin Alsobrooks is the trusted leader behind JBS Plumbing Services. His career has been defined by a commitment to excellence and a deep sense of pride in the relationships he builds with clients. For Kevin, the greatest reward is the trust placed in him to care for the buildings and projects that matter most to others. Outside of work, Kevin enjoys spending quality time with his family, hitting the golf course (even if his scorecard lives in the high 90s), and occasionally trying his luck at the tables.*

*Seth Alsobrooks*  
*Operations Manager – Austin, JBS Plumbing Services*

*With 21 years in commercial plumbing, Seth Alsobrooks serves as the Operations Manager for JBS Plumbing Services in Austin. He is known for his steady leadership, strong client relationships, and commitment to being a dependable resource—especially when clients need support the most. Outside of work, Seth is active in his church, enjoys gaming, and is a dedicated backyard pitmaster. A true BBQ connoisseur, he's always chasing the perfect smoke ring.*

*Thanks to our Luncheon Sponsor!*

June 12, 2025

**Community Service Committee**  
**1400 Lavaca St - Roof Top**  
**Austin, TX 78701**

11:30 AM - 01:00 PM CST

Sara Camp,  
scamp@besllc.com

*\* To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.*

June 17, 2025

**Resource Alliance Committee**

11:30 AM - 01:00 PM CST

Brandon Clark,

bclark@apsbuildingservices.com

*\* To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.*

June 18, 2025

**Membership Committee**

**Online at a Computer Near You!**

**Virtual (Zoom)**

,

11:30 AM - 01:00 PM CST

Rochelle Komula,

rkomula@aircomechanical.com

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June 24, 2025

**2025 Vendor EXPO**

**Austin Association of Facility & Maintenance Engrs**

**P O Box 203173**

**Austin, TX 78720**

10:00 AM - 02:00 PM CST

July 8, 2025

**Training Committee**

11:30 AM - 01:00 PM CST

Art Schneider,

art@surfacesolution.biz

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July 9, 2025

## **Central Texas Food Bank Volunteer**

**Central Texas Food Bank**

**6500 Metropolis Drive**

**Austin, TX 78744**

**09:00 AM - 12:00 PM CST**

Sara Camp,

scamp@besllc.com

*Join the community services committee on July 9th as we work in the warehouse sorting food at the Central Texas Food Bank from 9am to 12pm.*

*Each volunteer is required to create an account and sign up using group reservation link below before arriving for your volunteer shift.*

### *Important details:*

*For safety reasons, volunteers who arrive more than 30 minutes late will not be allowed to join their group for the shift. If you think you may need to arrive late or leave early, please find a different shift that you can fully attend. We recommend arriving 5-10 minutes early so volunteers have time to check in and be ready to start.*

*Volunteers are required to wear a shirt with sleeves that cover the underarm and closed-toe and closed-heel shoes.*

*Volunteers must meet our volunteer eligibility requirements listed here in order to participate in the volunteer shift. We will verbally confirm these eligibility requirements with participants onsite.*

*Here is our general volunteer FAQ with additional helpful information.*

*Last years volunteers had a great time as shown below!*

July 10, 2025

**Professional Series: Unplug and Recharge - Reduce Stress and Overcome Burnout**  
**1836 San Jacinto**

11:00 AM - 01:00 PM CST

AAFAME,

admin@aafame.org

*In today's 'always-on' work culture, many of us feel the constant pressure to keep up. But how well do you balance demands with resources? Persistent feelings of being overwhelmed can drain us emotionally, physically, and mentally, leading to stress, exhaustion, and ultimately burnout. This interactive workshop is designed to help both team leaders and team members identify and address burnout. Participants will explore the burnout syndrome, recognize signs and symptoms of stress, and understand the risk factors associated with chronic depletion. The session covers the differences between stress and burnout, the stages of burnout, along with practical strategies for managing stress and achieving more. The workshop concludes with participants creating a personalized action plan to apply what they've learned.*

**Program Objectives:**

*Understand the causes, signs, symptoms, and risk factors of burnout.*

*Identify triggers (or stressors) that are cues of danger that disrupt our mental well being.*

*Learn the stages of burnout (Honeymoon phase, Onset of stress phase, Chronic stress phase, Burnout phase, and Habitual burnout phase) and actions to take at each stage.*

*Explore proven burnout recovery strategies (boundaries, focus, overachievement, resilience, and priorities) and techniques to prevent burnout.*

**Presenter:**

*Kevin Karschnik is a globally recognized keynote speaker, workshop facilitator, and author specializing in positivity, leadership, and communication. With over 30 years of experience, he equips professionals with strategies to thrive in today's competitive business environment. As co-author of Corporate Ovations, he shares proven techniques for effective presentations. Kevin has inspired thousands across 14 countries, helping organizations enhance leadership, strengthen relationships, and drive performance. Outside of work, he enjoys fantasy football, pickleball with his wife Tracy, and his favorite pizza from 600 Degrees Pizzeria.*

July 16, 2025

**Programs Committee**

**The Terrace 6**

**2801 Via Fortuna #635**

**Austin, TX 78746**

11:30 AM - 12:30 PM CST

Ray Roberson,

rroberson@lpc.com

July 24, 2025

**Training: Building Recommissioning Explained**

**Frost Tower**

**401 Congress**

**Austin, TX 78701**

11:00 AM - 01:00 PM CST

*Join us for our July Training Class! More details coming soon.*

- August 12, 2025      **Training Committee**  
11:30 AM - 01:00 PM CST  
Art Schneider,  
art@surfacesolution.biz  
*\* To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.*
- August 14, 2025      **Community Service Committee**  
11:30 AM - 01:00 PM CST  
Sara Camp,  
scamp@besllc.com  
*\* To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.*
- August 20, 2025      **Programs Committee**  
**The Terrace 6**  
**2801 Via Fortuna #635**  
**Austin, TX 78746**  
11:30 AM - 12:30 PM CST  
Ray Roberson,  
rroberson@lpc.com
- August 26, 2025      **Resource Alliance Committee**  
11:30 AM - 01:00 PM CST  
Brandon Clark,  
bclark@apsbuildingservices.com  
*\* To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.*
- August 27, 2025      **Membership Committee**  
**Online at a Computer Near You!**  
**Virtual (Zoom)**  
,  
11:30 AM - 01:00 PM CST  
Rochelle Komula,  
rkomula@aircomechanical.com  
*\* To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.*
- August 28, 2025      **Training: Mastering Paint & Coatings: Essentials for Building Maintenance**  
**UFCU Event Center**  
**8303 N Mopac Expressway**  
**Austin, TX 78757**  
11:00 AM - 01:00 PM CST  
*Join us for our August Training Class! More details coming soon.*

September 4, 2025

**Professional Series: Turning Pro: Effective Business Presence & Communication**

**1836 San Jacinto**

11:00 AM - 01:00 PM CST

Amy Ables,  
amy@aafame.org

*Do you ever feel intimidated when it's time to interact with leaders in your industry? Do you sometimes wonder what to say, how to interact, or what you should to make the best use of their time?*

*Did you know half of your ability to interact with higher-ups comes down to a few principles and awareness - both of yourself and whomever you're interacting with?*

*Once you have a grasp of the principles which enable you to have a business presence and communicate with authority, you'll wonder what all the fuss was about.*

*Join us for an interactive session where we'll cover:*

*The mindset of a busy professional  
What does presence mean anyway?  
Communicating with clarity and confidence*

*Presenter:*

*Reagan Pugh is a sought-after keynote speaker and workshop leader, engaging thousands each year with insights on storytelling and culture. He has worked with major organizations like Facebook, Pepsi, Whirlpool, and the U.S. Military.*

*Previously, he served as Chief Storyteller for a global consulting firm, guiding programs at Nike, Western Digital, and Kimberly-Clark. A former Teach for America educator, he launched an award-winning theater program on the Rosebud Reservation.*

*Reagan has taught at Texas State, Trinity, and Angelo State University and has spoken at over 50 college campuses. A TEDx speaker and frequent podcast guest, he also secretly publishes poetry—ask him about it!*

*He lives in Austin, Texas, with his wife, Elle, and their Labrador, Lily.*

September 9, 2025

**Training Committee**

11:30 AM - 01:00 PM CST

Art Schneider,  
art@surfacesolution.biz

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September 10, 2025

**September Luncheon**  
**Norris Conference Center**  
**2525 W. Anderson Lane**  
**Austin, TX 78759**

11:30 AM - 01:00 PM CST

*Join us for our regular luncheon this September.*

*More details coming soon!*

*Thanks to our Luncheon Sponsor!*

September 17, 2025

**Programs Committee**  
**The Terrace 6**  
**2801 Via Fortuna #635**  
**Austin, TX 78746**

11:30 AM - 12:30 PM CST

Ray Roberson,  
rroberson@lpc.com

September 25, 2025

**Training: Lighting Controls**  
**Trellis**  
**301 Sundance Pkwy**  
**Round Rock, Te 78681**

11:00 AM - 01:00 PM CST

*Join us for our September Training Class! More details coming soon.*

October 8, 2025

**October Luncheon**  
**Norris Conference Center**  
**2525 W. Anderson Lane**  
**Austin, TX 78759**

11:30 AM - 01:00 PM CST

*Join us for our regular luncheon this October.*

*More details coming soon!*

*Thanks to our Luncheon Sponsor!*

October 9, 2025

**Community Service Committee**  
11:30 AM - 01:00 PM CST  
Sara Camp,  
scamp@besllc.com

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- October 14, 2025      **Training Committee**  
11:30 AM - 01:00 PM CST  
Art Schneider,  
art@surfacesolution.biz  
*\* To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.*
- October 15, 2025      **Programs Committee**  
**The Terrace 6**  
**2801 Via Fortuna #635**  
**Austin, TX 78746**  
11:30 AM - 12:30 PM CST  
Ray Roberson,  
rroberson@lpc.com
- October 22, 2025      **Membership Committee**  
11:30 AM - 01:00 PM CST  
Rochelle Komula,  
rkomula@aircomechanical.com  
*\* To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.*
- October 23, 2025      **Training: Disaster Preparedness**  
**UFCU Event Center**  
**8303 N Mopac Expressway**  
**Austin, TX 78757**  
11:00 AM - 01:00 PM CST  
*Join us for our October Training Class! More details coming soon.*
- October 28, 2025      **Resource Alliance Committee**  
11:30 AM - 01:00 PM CST  
Brandon Clark,  
bclark@apsbuildingservices.com  
*\* To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.*

October 30, 2025

**Professional Series: Conflict Strategies - Cultivate Collaborative Conversations in the Workplace**  
**1836 San Jacinto**

11:00 AM - 01:00 PM CST

*Think about a conversation you need to have where emotions run high or opinions differ. In this session, you'll develop the skills to lean in, ask thoughtful questions, listen actively, and gain deeper understanding and perspective on critical issues. These tools will help you communicate more effectively, build trust and respect, and create opportunities for growth. Participants will explore a proven communication model, identify triggers that push their buttons, and understand the five conflict styles (Competing, Collaborating, Compromising, Avoiding, and Accommodating), along with practical examples of when each style is most effective.*

*Program Objectives*

*Define the causes of conflict and why we avoid tough conversations.*

*Learn to be curious and become an active listener.*

*Understand the importance of creating a psychologically safe environment.*

*Improve your empathy and how you respond to different people in different situations.*

*Learn the five conflict styles (Direct, Spirited, Considerate, Systematic) to the different ways people perceive the world.*

*Study the process for preparing and facilitating a tough conversation.*

*Kevin Karschnik is a globally recognized keynote speaker and author, with a focus on positivity, leadership, and burnout. Drawing on over 33 years of experience, Kevin delivers high-energy, dynamic keynote speeches and impactful training workshops that empower business professionals to excel in today's fast-paced, competitive world. He has inspired tens of thousands of professionals from leading companies such as Dell, Emerson, GE, and Lockheed in 14 countries. When he's not speaking or writing, Kevin enjoys managing his fantasy football team, playing pickleball with his wife Tracy, and ordering in his favorite pie from 600 Degrees Pizzeria.*

November 11, 2025

**Training Committee**

11:30 AM - 01:00 PM CST

Art Schneider,

art@surfacesolution.biz

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November 11, 2025

**Community Service Committee**

11:30 AM - 01:00 PM CST

Sara Camp,

scamp@besllc.com

*\* To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.*

November 12, 2025

**November Luncheon**  
**Norris Conference Center**  
**2525 W. Anderson Lane**  
**Austin, TX 78759**

11:30 AM - 01:00 PM CST

*Join us for our regular luncheon this November.*

*More details coming soon!*

*Thanks to our Luncheon Sponsor!*

November 18, 2025

**Membership Committee**

11:30 AM - 01:00 PM CST

Rochelle Komula,  
rkomula@aircomechanical.com

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November 19, 2025

**Programs Committee**

**The Terrace 6**

**2801 Via Fortuna #635**

**Austin, TX 78746**

11:30 AM - 12:30 PM CST

Ray Roberson,  
rroberson@lpc.com

November 20, 2025

**Training: Winterizing your Commercial Property**

**TBD**

11:00 AM - 01:00 PM CST

*Join us for our November Training Class! More details coming soon.*

November 20, 2025

**Training: Winterizing your Commercial Property**

**TBD**

11:00 AM - 01:00 PM CST

*It's never too late to prepare your building! Our winterization presentation is designed to equip commercial building owners and facility managers with practical strategies to prepare their properties for the colder months. We'll cover key areas such as plumbing, HVAC systems, roofing, and exterior maintenance to prevent damage and ensure efficient operations during winter. By the end, attendees will have a clear road-map to protect their buildings, reduce energy costs, and minimize disruptions throughout the winter season.*

*Presenters:*

*Blair Howell  
Sales & Operations Manager  
Battalion Fire Protection*

*Deric Wallace  
Service & Project Sales  
HTS Engineering & Service*