## **Calendar of Events**

admin@aafame.org

April 16, 2025 Programs Committee

11:30 AM - 12:30 PM CST

Ray Robertson, rroberson@lpc.com

April 22, 2025 Resource Alliance Committee

11:30 AM - 01:00 PM CST

Brandon Clark,

bclark@apsbuildingservices.com

\* To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.

April 24, 2025 Training: Smart design of Electric Vehicle Charging Stations

**UFCU Event Center** 

8303 N Mopac Expressway

**Austin, TX 78757** 

11:00 AM - 01:00 PM CST

This course provides a comprehensive overview of electric vehicle (EV) charging stations, covering key aspects crucial for those interested in installing or managing charging infrastructure. The curriculum is designed to offer foundational knowledge and practical insights into the planning, implementation, and financial considerations of EV charging networks.

#### Presenter:

Stefan A. Noe is the Managing Partner and founding member of Humm Energy, LLC (Humm), and is advancing the company's vision of offering a turnkey solution to the growing demand for electric vehicle charging as a service. Mr. Noe has approximately 30 years of experience in energy law and power development and has extensive experience in strategic planning, corporate transactions, business development, financing and executive oversight, and is considered an industry leader in alternative energy space in North America.

April 30, 2025 **Membership Committee** 

11:30 AM - 01:00 PM CST

Rochelle Komula,

rkomula@aircomechanical.com

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May 1, 2025 EXPO Committee

**Firetrol** 

4616 W. Howard Lane Round Rock, TX

11:30 AM - 12:30 PM CST

PJ Guarino,

pj@onepointalliance.com

May 10, 2025

## Volunteer Opportunity: Texas Ramp Build - Make a Difference! 15926 Wells Road

Manor, Te

08:00 AM - 04:00 PM CST

Steve Marquardt,

smarquardt@sdcaustin.com

Join us in building accessibility for those in need! We're looking for dedicated volunteers to help construct a ramp that will improve mobility and independence for a community member. Whether you can assist for a few hours or the entire day, your support is invaluable.

Ramp Build - Saturday, May 10

Morning Shift (8:00 AM – 12:00 PM): 5 volunteers needed Afternoon Shift (12:00 PM – 4:00 PM): 6 volunteers needed Stay All Day? Even better! Breakfast, Lunch & water provided Must sign waiver to work onsite

Modular Build - Thursday, May 8 at 2:00 PM

4 volunteers needed to pre-assemble sections of the ramp

Materials Loading - Friday, May 9 at 3:00 PM

3 volunteers needed to assist with organizing and loading materials

Materials/Tools Unloading – Saturday, May 10 at ~5:00 PM

1 volunteer needed to help wrap up the project

No experience is necessary—just a willingness to help! Tools and instructions will be provided. Let's build something meaningful together!

If you're interested, sign up below!

May 13, 2025

#### **Training Committee**

11:30 AM - 01:00 PM CST

Art Schneider,

art@surfacesolution.biz

May 14, 2025

May Luncheon
Norris Conference Center
2525 W. Anderson Lane
Austin, TX 78759
11:30 AM - 01:00 PM CST
Join us for our regular luncheon this May.
More details coming soon!

Thanks to our Luncheon Sponsor!

May 22, 2025

Training: Smart Strategies for Efficient Building Operations Colorado Tower 303 Colorado St.

**Austin, TX 78701** 11:00 AM - 02:00 PM CST

AAFAME,

admin@aafame.org

Items to cover during this class:

Tailored Cleaning Schedule: Every property is different, even with the same equipment. It is important to understand the key factors to determine what is the optimum schedule for your equipment's maintenance.

Staged/Staggered Start: Morning startup for a facility is a major energy usage spike for every facility. These spikes have a lot of influence on the properties billing rates. By understanding how to stage your HVAC equipment to optimize for keeping these spike down, the operating costs can be minimized.

Building Air Pressure: Air flow and fresh air are key parts to having a healthy and ventilated building. This managed improperly can quickly lead to major energy and comfort costs in the heat of summer.

Variable Condenser Water Setpoints: Plants with centrifugal chillers have a great advantage in BTU per KW. This benefit can be severely crippled with poor condenser water setpoint practices. We will discuss the theories out there and how to maximize efficiency and equipment life with a single setpoint.

By combining these 4 factors together into a tailored solution, maintenance and energy costs are maximized for sustainability.

#### Presenter:

Holden Shamburger HVACTIME | Chiller Academy ChillerAcademy.com | HVACTime.shop

With over a decade in the HVAC industry, Holden Shamburger specializes in chillers and VRF systems. Starting in residential and light commercial work, he transitioned to heavy commercial service while in trade school. Passionate about training the next generation, he founded Chiller Academy, an online platform dedicated to HVAC education, and HVACTIME, providing industry insights and resources.

May 28, 2025

Programs Committee
Austin Association of Facility & Maintenance Engrs
P O Box 203173

11:30 AM - 12:30 PM CST

Ray Robertson, rroberson@lpc.com

Austin, TX 78720

June 10, 2025

#### **Training Committee**

Online at a Computer Near You!

Virtual (Zoom)

,

11:30 AM - 01:00 PM CST

Art Schneider,

art@surfacesolution.biz

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June 11, 2025

### June Luncheon

Norris Conference Center 2525 W. Anderson Lane Austin, TX 78759

11:30 AM - 01:00 PM CST

Join us for our regular luncheon this June.

More details coming soon!

Thanks to our Luncheon Sponsor!

June 12, 2025

#### **Community Service Committee**

**Austin Association of Facility & Maintenance Engrs** 

P O Box 203173

Austin, TX 78720

11:30 AM - 01:00 PM CST

Sara Camp,

scamp@besllc.com

\* To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.

June 17, 2025

#### **Resource Alliance Committee**

11:30 AM - 01:00 PM CST

Brandon Clark,

bclark@apsbuildingservices.com

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June 18, 2025

#### **Membership Committee**

Online at a Computer Near You!

Virtual (Zoom)

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11:30 AM - 01:00 PM CST

Rochelle Komula,

rkomula@aircomechanical.com

June 24, 2025 **2025 Vendor EXPO** 

**Austin Association of Facility & Maintenance Engrs** 

P O Box 203173 Austin, TX 78720

10:00 AM - 02:00 PM CST

July 8, 2025 Training Committee

11:30 AM - 01:00 PM CST

Art Schneider,

art@surfacesolution.biz

July 9, 2025

Central Texas Food Bank Volunteer Central Texas Food Bank 6500 Metropolis Drive Austin, TX 78744

09:00 AM - 12:00 PM CST

Sara Camp,

scamp@besllc.com

Join the community services committee on July 9th as we work in the warehouse sorting food at the Central Texas Food Bank from 9am to 12pm.

Each volunteer is required to create an account and sign up using group reservation link below before arriving for your volunteer shift.

#### Important details:

For safety reasons, volunteers who arrive more than 30 minutes late will not be allowed to join their group for the shift. If you think you may need to arrive late or leave early, please find a different shift that you can fully attend. We recommend arriving 5-10 minutes early so volunteers have time to check in and be ready to start.

Volunteers are required to wear a shirt with sleeves that cover the underarm and closed-toe and closed-heel shoes.

Volunteers must meet our volunteer eligibility requirements listed here in order to participate in the volunteer shift. We will verbally confirm these eligibility requirements with participants onsite.

Here is our general volunteer FAQ with additional helpful information.

Last years volunteers had a great time as shown below!

July 10, 2025

## Professional Series: Unplug and Recharge - Reduce Stress and Overcome Burnout 1836 San Jacinto

11:00 AM - 01:00 PM CST

AAFAME,

admin@aafame.org

In today's 'always-on' work culture, many of us feel the constant pressure to keep up. But how well do you balance demands with resources? Persistent feelings of being overwhelmed can drain us emotionally, physically, and mentally, leading to stress, exhaustion, and ultimately burnout. This interactive workshop is designed to help both team leaders and team members identify and address burnout. Participants will explore the burnout syndrome, recognize signs and symptoms of stress, and understand the risk factors associated with chronic depletion. The session covers the differences between stress and burnout, the stages of burnout, along with practical strategies for managing stress and achieving more. The workshop concludes with participants creating a personalized action plan to apply what they've learned.

#### Program Objectives:

Understand the causes, signs, symptoms, and risk factors of burnout. Identify triggers (or stressors) that are cues of danger that disrupt our mental well being.

Learn the stages of burnout (Honeymoon phase, Onset of stress phase, Chronic stress phase, Burnout phase, and Habitual burnout phase) and actions to take at each stage. Explore proven burnout recovery strategies (boundaries, focus, ove rachievement, resilience, and priorities) and techniques to prevent burnout.

#### Presenter:

Kevin Karschnik is a globally recognized keynote speaker, workshop facilitator, and author specializing in positivity, leadership, and communication. With over 30 years of experience, he equips professionals with strategies to thrive in today's competitive business environment. As co-author of Corporate Ovations, he shares proven techniques for effective presentations. Kevin has inspired thousands across 14 countries, helping organizations enhance leadership, strengthen relationships, and drive performance. Outside of work, he enjoys fantasy football, pickleball with his wife Tracy, and his favorite pizza from 600 Degrees Pizzeria.

July 24, 2025

Training: Building Recommissioning Explained

Frost Tower 401 Congress Austin, TX 78701

11:00 AM - 01:00 PM CST

Join us for our July Training Class! More details coming soon.

August 12, 2025

#### **Training Committee**

11:30 AM - 01:00 PM CST

Art Schneider,

art@surfacesolution.biz

August 14, 2025

#### **Community Service Committee**

11:30 AM - 01:00 PM CST

Sara Camp,

scamp@besllc.com

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August 26, 2025

#### **Resource Alliance Committee**

11:30 AM - 01:00 PM CST

Brandon Clark,

bclark@apsbuildingservices.com

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August 27, 2025

#### **Membership Committee**

Online at a Computer Near You!

Virtual (Zoom)

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11:30 AM - 01:00 PM CST

Rochelle Komula.

rkomula@aircomechanical.com

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August 28, 2025

#### Training: Mastering Paint & Coatings: Essentials for Building Maintenance

**UFCU Event Center** 

8303 N Mopac Expressway

**Austin, TX 78757** 

11:00 AM - 01:00 PM CST

Join us for our August Training Class! More details coming soon.

September 4, 2025

## Professional Series: Turning Pro: Effective Business Presence & Communication 1836 San Jacinto

11:00 AM - 01:00 PM CST

Amy Ables,

amy@aafame.org

Do you ever feel intimidated when it's time to interact with leaders in your industry? Do you sometimes wonder what to say, how to interact, or what you should to make the best use of their time?

Did you know half of your ability to interact with higher-ups comes down to a few principles and awareness - both of yourself and whomever you're interacting with?

Once you have a grasp of the principles which enable you to have a business presence and communicate with authority, you'll wonder what all the fuss was about.

Join us for an interactive session where we'll cover:

The mindset of a busy professional What does presence mean anyway? Communicating with clarity and confidence

#### Presenter:

Reagan Pugh is a sought-after keynote speaker and workshop leader, engaging thousands each year with insights on storytelling and culture. He has worked with major organizations like Facebook, Pepsi, Whirlpool, and the U.S. Military.

Previously, he served as Chief Storyteller for a global consulting firm, guiding programs at Nike, Western Digital, and Kimberly-Clark. A former Teach for America educator, he launched an award-winning theater program on the Rosebud Reservation.

Reagan has taught at Texas State, Trinity, and Angelo State University and has spoken at over 50 college campuses. A TEDx speaker and frequent podcast guest, he also secretly publishes poetry—ask him about it!

He lives in Austin, Texas, with his wife, Elle, and their Labrador, Lily.

September 9, 2025

#### **Training Committee**

11:30 AM - 01:00 PM CST

Art Schneider,

art@surfacesolution.biz

<sup>\*</sup> To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.

September 10, 2025

September Luncheon Norris Conference Center 2525 W. Anderson Lane Austin, TX 78759

11:30 AM - 01:00 PM CST

Join us for our regular luncheon this September.

More details coming soon!

Thanks to our Luncheon Sponsor!

September 25, 2025

**Training: Lighting Controls** 

TBD

11:00 AM - 01:00 PM CST

Join us for our September Training Class! More details coming soon.

October 8, 2025

October Luncheon Norris Conference Center 2525 W. Anderson Lane Austin, TX 78759

11:30 AM - 01:00 PM CST

Join us for our regular luncheon this October.

More details coming soon!

Thanks to our Luncheon Sponsor!

October 9, 2025

#### **Community Service Committee**

11:30 AM - 01:00 PM CST

Sara Camp,

scamp@besllc.com

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October 14, 2025

## **Training Committee**

11:30 AM - 01:00 PM CST

Art Schneider,

art@surfacesolution.biz

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October 22, 2025

#### **Membership Committee**

11:30 AM - 01:00 PM CST

Rochelle Komula,

rkomula@aircomechanical.com

October 23, 2025

**Training: Disaster Preparedness** 

**UFCU Event Center** 

8303 N Mopac Expressway

Austin, TX 78757

11:00 AM - 01:00 PM CST

Join us for our October Training Class! More details coming soon.

October 28, 2025

#### **Resource Alliance Committee**

11:30 AM - 01:00 PM CST

Brandon Clark,

bclark@apsbuildingservices.com

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October 30, 2025

# Professional Series: Conflict Strategies - Cultivate Collaborative Conversations in the Workpl 1836 San Jacinto

11:00 AM - 01:00 PM CST

Think about a conversation you need to have where emotions run high or opinions differ. In this session, you'll develop the skills to lean in, ask thoughtful questions, listen actively, and gain deeper understanding and perspective on critical issues. These tools will help you communicate more effectively, build trust and respect, and create opportunities for growth. Participants will explore a proven communication model, identify triggers that push their buttons, and understand the five conflict styles (Competing, Collaborating, Compromising, Avoiding, and Accommodating), along with practical examples of when each style is most effective.

Program Objectives

Define the causes of conflict and why we avoid tough conversations.

Learn to be curious and become an active listener.

Understand the importance of creating a psychologically safe environment. Improve your empathy and how you respond to different people in different situations. Learn the five conflict styles (Direct, Spirited, Considerate, Systematic) to the different ways people perceive the world.

Study the process for preparing and facilitating a tough conversation.

Kevin Karschnik is a globally recognized keynote speaker and author, with a focus on positivity, leadership, and burnout. Drawing on over 33 years of experience, Kevin delivers high-energy, dynamic keynote speeches and impactful training workshops that empower business professionals to excel in today's fast-paced, competitive world. He has inspired tens of thousands of professionals from leading companies such as Dell, Emerson, GE, and Lockheed in 14 countries. When he's not speaking or writing, Kevin enjoys managing his fantasy football team, playing pickleball with his wife Tracy, and ordering in his favorite pie from 600 Degrees Pizzeria.

November 11, 2025

#### **Training Committee**

11:30 AM - 01:00 PM CST

Art Schneider,

art@surfacesolution.biz

November 11, 2025 Community Service Committee

11:30 AM - 01:00 PM CST

Sara Camp,

scamp@besllc.com

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November 12, 2025

November Luncheon Norris Conference Center 2525 W. Anderson Lane Austin, TX 78759

11:30 AM - 01:00 PM CST

Join us for our regular luncheon this November.

More details coming soon!

Thanks to our Luncheon Sponsor!

November 18, 2025

### **Membership Committee**

11:30 AM - 01:00 PM CST

Rochelle Komula.

rkomula@aircomechanical.com

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November 20, 2025

## **Training: Winterizing your Commercial Property**

**TBD** 

11:00 AM - 01:00 PM CST

Join us for our November Training Class! More details coming soon.